

- A mild sunburn-like sensation is expected. This usually lasts two to twenty-four hours but can persist up to seventy-two hours. Mild swelling and/or redness may accompany this, but it usually resolves in two to three days. Apply wrapped ice or gel packs to the treatment areas for ten to fifteen minutes every hour for the next four hours, as needed. Never apply ice directly to skin. An oral, over-the-counter anti-inflammatory (such as ibuprofen) or an analgesic (such as acetaminophen) may be taken to reduce discomfort. Use medicine according to manufacturer's recommendations.
- The vessels may undergo immediate graying or blanching, or they may exhibit a slight purple or red color change. The vessels will fully or partially fade in about ten to fourteen days.
- Until redness has resolved, it is recommended to avoid the following:
 - Applying cosmetics to treated areas (light, fragrance free, retinol free and non-irritating cosmetics may be used if necessary)
 - Swimming, especially in pools with chemicals
 - Hot tubs, jacuzzis and saunas
 - Activities that cause excessive perspiration
 - Sun exposure to treated areas. Apply an SPF 45 or greater sunscreen to prevent skin color changes
 - Aggressive scrubbing and use of exfoliants on the treated areas
- Bathe or shower as usual. Treated areas may be temperature sensitive.
- Schedule a follow-up appointment for evaluation. Repeat treatments may be performed every seven to fourteen days if skin has fully recovered. One to four treatments may be necessary seven to fourteen days apart.
- Do not pick, remove, or pull at any darkened lesions as scarring may occur.

Vascular Lesion Treatment possible side effects

- Prolonged itching, redness, swelling and blistering
- Bruising, peeling, rash, lightening or darkening of skin color, ingrown hairs, purpura, crusting, infection, and removal or lightening of freckles
- Scarring
- Risk of incidental hair reduction or removal in the treated areas.